

SAMPLE LUNCH MENU

Blairs Inn

Starters

Fresh Cream of Vegetable Soup €4.95

Baked Tartlet of St Tola Organic Goat's Cheese
And Beetroot on Mixed Waterfall Farms Leaves €8.65

Salad of Gubbeen Farmhouse Cheese with a
Honey & Wholegrain Mustard Dressing €7.65

Tian of Smoked Chicken, Celery, Apple & Almonds €8.65

Fresh Oysterhaven Mussels Poached in a
White Wine & Garlic Cream Sauce €8.65
Try with a bottle of Carrig Dubh Homemade Porter from the Dingle Peninsula, 50cl Btl €6.50

Main Courses

Silverside of O'Crualaoi's Corned Beef on a Bed of
Champ & Cabbage with Parsley Sauce €15.95
Try with a bottle of the deliciously smooth Helvick Gold from Dungarvan Brewing, 50cl Btl €4.65

Cottage Pie of Irish Ground Beef topped with
Mashed Potatoes served with Side Salad €14.95
Try with a bottle of the extra hoppy Sierra Nevada Extra IPA ... a great craft brew from the US of A

A Hearty Casserole of Irish Beef
in a rich Black Rock Stout Sauce €14.95
Perfect with a pint of the 'real' black stuff, the wonderful Blackrock Stout from Dungarvan Brewing Co. €4.25

Half Roast Irish Chicken served on a Herb Stuffing with Gravy €16.50
You should try this with a pint of the fruity & light Blarney Blonde from the lads in the Franciscan Well in Cork €4.25

O'Flynn's Delicious Gourmet Sausages on
Mashed Potatoes with an Onion Gravy €14.95
Goes perfectly with the wonderfully zesty Stonewell Craft Cider from Nohoval ... cider isn't 'just cider' anymore 50cl Btl €5.65

Fillet of Hake & Braised Fennel served with a Beetroot Velouté €17.25
Try with the perfectly balanced hoppiness & maltiness of Howling Gale Ale from 8 Degrees of Mitchelstown Pt €4.25

Baked Fillet of Cajun Spiced Salmon served with a Cucumber Creme Fraiche €16.95
We suggest a glass of the tropical fruity unoaked Madfish Chardonnay from Western Australia €6.75

Pan Fried Fillets of Lemon Sole served with a Light Lemon Butter €17.95
The zestiness & citrus fruitiness of Picpoul de Pinet is a perfect accompaniment to this dish €5.75

Vegetarian Pie of today's vegetables in a Creamy White Sauce €13.50
Try with a bottle of the sweet & smooth Wheinstephaner unfiltered Weiss Beer from Germany, the home of great beer 50 cl Btl €4.95

All our sauces are gluten free.
Please don't hesitate to tell us if you have any further dietary requirements

SANDWICHES, OPEN SANDWICHES, BAPS & CIABATTAS ALSO AVAILABLE